



सत्यमेव जयते

Government of West Bengal
Office of the Principal

GOVERNMENT GENERAL DEGREE COLLEGE, KESHIARY

At.-Telipukur : P.O.- Tilaboni Mahisamura : P.S.- Keshiary

Dist- Paschim Medinipur : PIN-721135

www.ggdckeshiary.ac.in

Criteria 5: Student Support and Progression

5.1 Student Support

5.1.2. Following capacity development and skills enhancement activities are organised for improving students' capability

1. Soft skills
2. Language and communication skills
3. Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)
4. Awareness of trends in technology

Options:

- A. All of the above
- B. Any 3 of the above
- C. Any 2 of the above
- D. Any 1 of the above
- E. None of the above

Link for College Website: Capacity development and skills enhancement activities

<https://ggdckeshiary.ac.in/Capacity-development.aspx>



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Option B: Any 3 of the above

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2. Attendance list of the all mentioned Programmes
3. Selective Certificates and Selective Notices of all mentioned Programmes


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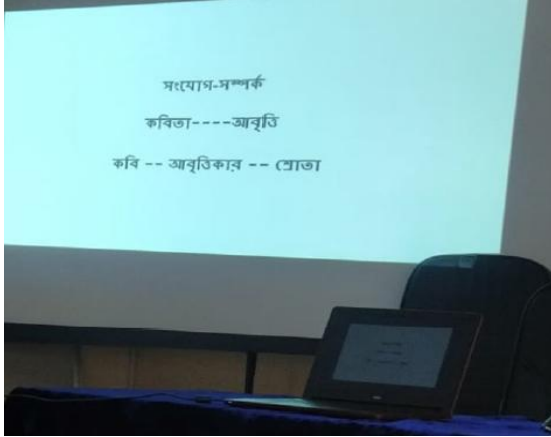
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1. Report and Pictures of the all mentioned Programmes

1. Soft Skills (point 1)

Report on Soft Skill:

Government General Degree College Keshiary arranged course on **Recitation** to develop this particular skill among the participants. The course was designed and conducted by the faculty members of Department of Bengali, GGDC, Keshiary. Classes were conducted between 17.10.2019- 28.12.2019. Thirty-four Students are enrolled and completed that course.





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Course on Recitation from 17.10.19-28.12.2019

Under the guidance and instruction of Dr. Monua Panja, a two day workshop on Recitation was organized at the college from 12/5/2022 to 13/5/2022. The Duration of the course was ten hours. Fourteen Students attended the workshop.




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Sample picture of the Workshop on recitation from 12/05/2022- 13/5/2022

Under the guidance and instruction of Dr. Monua Panja, another two day workshop on Recitation was organized at the college from 12/5/2023 to 13/5/2023. The Duration of the course was ten hours.Eighteen Students attended the workshop.



Sample picture of the Workshop on recitation from 12/05/2023- 13/5/2023

Dr. Monua Panja
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2. Language and communication Skills (point 2)

Language and communication Skills

Under the guidance and instruction of Prof. Md. Aatur Rahaman Government General Degree College Keshiary arranged a three day workshop on Communicative English from 26.12.2019 to 28.12.2019 The Duration of the course was sixteen hours. Thirteen Students attended the workshop.



Sample picture of the course on Communicative English held from 26.12.2019 to 28.12. 2019

Under the guidance and instruction of Prof. Md. Aatur Rahaman Government General Degree College Keshiary arranged another three day workshop on Communicative English from 16.5.2022 to 18.5.2022. The Duration of the course was sixteen hours. Twelve Students attended the workshop.



Sample picture of the course on Communicative English held from 16.5.2022 to 18.5.2022

Aatur Rahaman
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Government General Degree College Keshiary arranged another course on Communicative English which is part of the Add on course on communicative Skills and competitive exams. It was held between 16th -25th may, 2023, during summer vacation. Classes were taken by Dr. Md. Ataur Rahaman, Assistant Professor in English, GGDC, Keshiary. Forty Students are enrolled and completed that course.




Sample Picture of Communicative English class on 17/5/2023

3. Life Skills (Yoga, Physical fitness, health and hygiene, self-employment and entrepreneurial skills (point 3)

Yoga Training

NSS unit 1 of the Government General Degree College, Keshiary organised a whole day comprehensive yoga training with both theoretical and practical sessions on 26.10.2018. It was an integral part of seven days long NSS special camp held in Puja vacation.


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In the introductory session in the morning the unit cordially received the key speaker, Yogi Ananda Maharaj, Yogi Ujjalananda Sebashram, Belda, Paschim Medinipur and his associates and the faculty members of the college who were present at the camp venue. The chief guest today, a locally very popular yoga trainer, is a monk of an *Ashram* who came all the way from Belda, a nearby town.. In the pre-lunch session he discussed all the theoretical aspects of yoga including its documented history and mythical connections with the nation's past. After the lunch he gave demonstration on various *Ashanas* and *Pranayamas*. Forty five students attended the program .Few of the participants took part in that too, others kept on taking notes and recorded audio-visual glimpses of the whole programme.



Yoga Programme on 26.10.2018


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Under the guidance and instruction of Dr. Nilay Kumar Maitra, NSS unit 1 of the Government General Degree College, Keshiary organised whole day comprehensive yoga training on 21/6/2019. Eleven students attended the program.



Yoga Camp on 21/06/2019

NSS unit 1 of the Government General Degree College, Keshiary organised another whole day comprehensive yoga training with both theoretical and practical sessions on 15.10.2022. It was an integral part of seven days long NSS special camp held in Puja vocation, 2022. Yogi Ananda Maharaj and his associates and the faculty members of the college were present at the camp venue. In the pre-lunch session he discussed all the theoretical aspects of yoga including its documented history and mythical connections with the nation's past. After the lunch he gave demonstration on various *Ashanas*. Forty five students attended the program. Few of the participants took part in that too, others kept on taking notes and recorded audio-visual glimpses of the whole programme.


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Yoga Programme on 15.10.2022

Awareness programme on Mental Health

Our College is very much keen to take interest in the holistic development of the Students. Most of our students come as first generation learner so it is quite natural that most of them are hardly aware of maintaining sound mental health. Our college have taken initiative to aware them about keeping sound mental health. The college has arranged two awareness camp .where different aspects of mental health has been discussed.

First Awareness camp was held on 30.10.2018. The camp was organised by NSS Unit 1 GGDC, Keshiary. It was an integral part of seven days long NSS special camp held in Puja vacation. Professor Abanti Bhattacharya, Assistant Professor of Psychology of GGDC, Singur gave lecture on the crisis of mental health in the contemporary time. She conducted an interactive session once the main lecture was over. Forty five students attended the program. Many of them submitted their personal problem queries and the programme helped them a lot.


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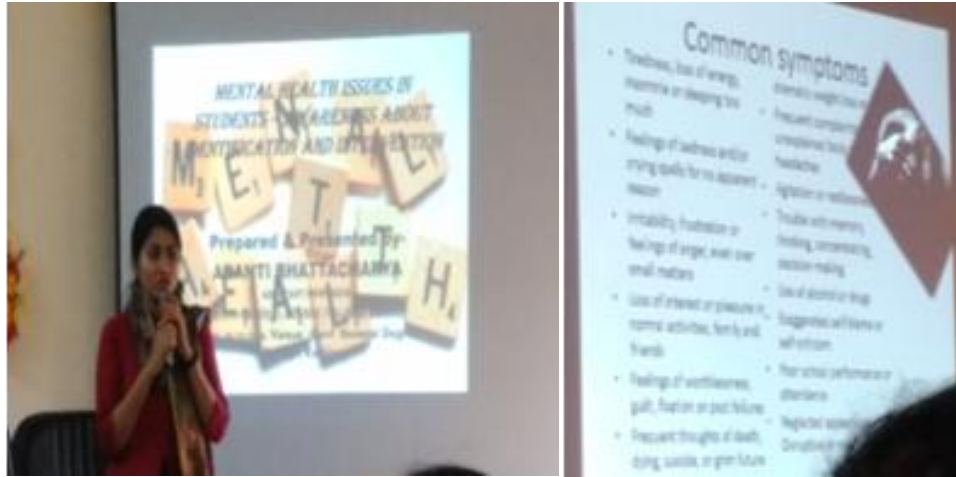
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Programme on Mental health on 30.10.2018

Another awareness Programme on physical and Mental Health was organised by Department of Zoology, Government General Degree College, Keshiary. Prof Jayita Roy Tapadar, Dept of Anthropology, Government General Degree College, Keshiary delivered the lecture on mental health. Prof. Debarshi Mondal delivered the lecture on maintaining physical health. He laid emphasis on precaution from thalassemia. The program was an integral part of Students' Week which was held in the college during first week of January, 2022 under the direction and guidance of Higher Education Department, Govt of West Bengal. The Programme was held through online mode due to Covid restriction and amidst Covid crisis the programme actually served the need of the day.

https://youtu.be/_HbY7f1MdBw (kindly click on the link to watch the programme on Physical and mental health, held on 06.01.2022)


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Hands on training on Mushroom Cultivation

The Mushroom Cultivation is very lucrative agro business nowadays. It has played very crucial part in the export market of India. To get the students benefitted from the skill Department of Botany GGDC, Keshiary gave the Students Hands on training programme on Mushroom Cultivation which took place in our college premises on 25.9.2019. Eleven Students actively participated in that programme.



Skill development Programme on Mushroom Cultivation on 25.9.2019

Hands on training induction programme on making Hand Sanitizer

Covid period opens our eyes about contagious disease and infections which can be prevented by maintaining basic hygiene and for that Hand Sanitizer is proven very essential. During Covid period commercial production of Hand Sanitizer has been increased thus making it a lucrative business. Dept of Chemistry and NSS unit 1, GGDC, Keshiary has taken initiative to train the interested students about the making process of Hand Sanitizer which help them to become self dependent in future. The training took place at the college premises on 15.3.2023 and twelve students took part at the training.


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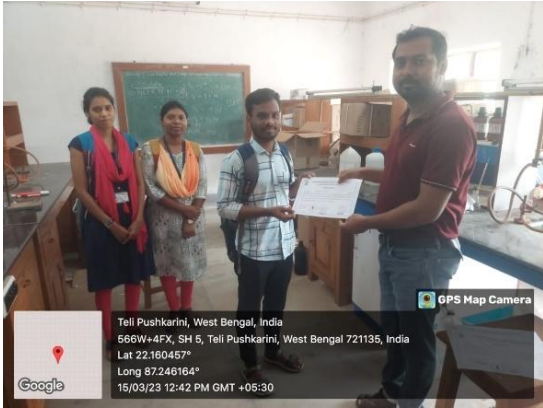
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566W+4FX, SH 5, Telli Pushkarini, West Bengal 721135, India
Lat 22.160444°
Long 87.246637°
15/03/23 12:42 PM GMT +05:30

GPS Map Camera



566W+6HQ, Mahi Samura, West Bengal 721135, India

Latitude
22.160444°

Longitude
87.246637°

Local 02:10:40 PM

Altitude 0 meters

GMT 08:40:40 AM

Wednesday, 03.15.2023

Skill development programme on making Hand Sanitizer on 15.3.2023

Chelabarty
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2. Attendance list of the all mentioned Programmes

Please [Click Here](#) for attendance List documents

3. Selective Certificates and Selective Notices of all mentioned Programmes

Please [Click Here](#) for Selective Certificates and Notice




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